## The Magic of the Pendulum

The pendulum is a simple device, consisting of a weight attached to a chain or thread. The pendulum reads energy patterns and is able to extract information from deep inside our subconscious minds. The pendulum is not a new invention. It has been used for thousands of years. In ancient China it was used to deter and chase away evil spirits, and to determine where they came from. The ancient Egyptians used a pendulum to determine the best places to grow their crops.

In 1326 Pope John the XXII issued a ban again the *use of a ring to obtain answers in the manner of the Devil*. This shows that the pendulum was being used mainly for divination purposes in those times.

In the early part of the nineteenth century, the pendulum began to be used to find water and minerals underground. This was the beginning of the practice of dowsing. To this day, the pendulum is the most used item in the dowser's toolkit to locate moving and still water undetectable by other methods under the ground.

In the early part of the 20<sup>th</sup> century, the pendulum enjoyed a resurgence of popularity when it was marketed as a sex detector of unborn children. In this practice, the pendulum is suspended over the palm of a pregnant woman. If the pendulum moves in a circular direction, the unborn child will be a girl. If the pendulum moves in a straight line, the child will be a boy.

For at least two hundred years, people have known that unconscious, involuntary movements of the hand holding the pendulum cause the pendulum to move. The subconscious mind of the person holding the pendulum causes the muscles to react unconsciously and the pendulum amplifies these responses that would otherwise be too small to be noticed. Consequently, the answers are coming from inside oneself.

The pendulum enables us to tap into our subconscious minds whenever we wish. The subconscious mind can access the universal mind that knows the answers to everything. The pendulum accesses our subconscious minds which in turn tap into the universal mind, and the pendulum gives us the answers. Thus, we can ask the pendulum any question at all, and receive an answer from the universal mind. The best results occur when there is a genuine need for the answer.

You can develop your skills with the pendulum by practice as with anything else, but you will move ahead more quickly if you follow a few rules:

- Never use the pendulum frivolously. If you can make the decision yourself, without using your pendulum, leave it in its bag.
- Do not ask the same question twice at the same session. This implies doubt. You must trust the answers your pendulum gives you. Ask someone else to work the pendulum if you are emotionally involved in the outcome.
- Use the pendulum for good purposes only.

It is not a good idea to let other people use *your* pendulum. Your pendulum becomes attuned to you, and you do not want other people's energies interfering with this. Keep your pendulum in its pouch or bag when you are not using it, and keep it close to you. This protects it and keeps it away from potentially harmful energies.

Using the pendulum will make you more sensitive, aware, and intuitive in every area of your life. The pendulum is a tool that can help you immensely. Use it wisely, and enjoy the many benefits it can provide.